

AQUATICS REGISTRATION



- Go to www.activenet.active.com/westminster to set up your account today!
- Registration for **Sessions A & B** will begin **MONDAY, MAY 9:**
Online: at 12:00 a.m.
In Person: at 7:30 a.m.; Community Services Department, 8200 Westminster Blvd
- Registration for **Sessions C & D** will begin **THURSDAY, JULY 14:**
Online: at 12:00 a.m.
In Person: at 7:30 a.m.; Community Services Department, 8200 Westminster Blvd
At the Pool: at 9:00 a.m.; La Quinta High School, 10372 McFadden Ave.
- Parents/guardians may only register their own children.
- All registration fees are **NON-REFUNDABLE**. Once registered, those who wish to transfer lesson times or sessions will be subject to a \$5.00 transfer fee each time for each student.
- Checks, cash and credit cards accepted.
- The City of Westminster is an authorized American Red Cross provider.



LOCATIONS
Community Services Building
8200 Westminster Blvd.
La Quinta High School
10372 McFadden Ave.

For further information, please contact the department at:
(714) 895-2860, before June 27th, starting June 27th please call the pool directly at (714) 715-0111.

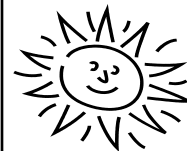
GENERAL POOL RULES

1. Children under the age of **7** **MUST** be accompanied by an adult at all times.
2. **Swim suits ONLY**. Street clothes are not permitted in the swimming pool.
3. The City of Westminster is not responsible for lost, damaged or stolen items/valuables.
4. No fins, masks, life vests (unless approved by the US Coast Guard), water rings or floatation devices allowed.
5. Patrons who do not abide by the rules may be asked to leave the facility.
6. Large day care groups/day camps (15+ people) must make a reservation at least one week in advance. Groups must provide one adult in swimming attire for every 10 children.
7. **NO SMOKING**, at any time on school property.
8. Participants must provide their own swim suit, towel and sun screen. Sun screen should be applied 30 minutes prior to the child entering the water.
9. Children who are not yet potty trained must wear a proper swim diaper.



Mayor Margie L. Rice
Mayor Pro Tem Tyler Diep
Council Member Frank G. Fry
Council Member Andy Quach
Council Member Tri Ta

CITY OF WESTMINSTER
Community Services
& Recreation Department



SUMMER AQUATICS 2011



Registration for sessions A & B begins May 9th

Online: at 12:00 a.m.

In Person: at 7:30 a.m.

Community Services Department, 8200 Westminster Blvd.

To register online please visit:

www.activenet.active.com/westminster

For more information, please call
714-895-2860 or visit our website:
www.westminster-ca.gov

CITY OF WESTMINSTER
Community Services & Recreation Department
8200 Westminster Blvd.
Westminster, CA 92683

LESSON INFORMATION

Parent/Grandparent & Child

(ages 6 months up to 3 years, class ratio- 10:1)

Parent and child share the fun of learning to swim. You will assist your child with basic water adjustment, breath control, and swimming readiness. Class emphasis is on fun and safety in the water. Parent participation is required; one parent/adult per child.

Tiny-Tots (ages 3 to 5 years, class ratio- 5:1)

Students learn basic water adjustment, breath control, floating arm and leg movement. Class emphasis is on fun and safety.

Level 1- Introduction to Swimming Skills

(ages 5 years and up, class ratio – 5:1)

Students learn basic water adjustment, safety, floating, kicking, breath control, treading water, and arm and leg movement for front crawl and backstroke.

Level 2- Fundamental Skills

(ages 5 years and up, class ratio– 5:1)

Prerequisite: pass level 1. Students learn the fundamental of front crawl, backstroke, treading water, floating, and water safety.

Level 3- Stroke Development

(ages 6 years and up, class ratio– 6:1)

Prerequisite: pass level 2. Student learn front crawl with side breathing, elementary backstroke, scissor and dolphin kicks, treading water, survival float, and front dives. Concentration is placed on water safety, refinement of front crawl, building strength and endurance.

Level 4- Stroke Improvement

(ages 6 years and up, class ratio– 6:1)

Prerequisite: pass level 3. Students are introduced to butterfly arms, side stroke arms, breaststroke, backstroke, and basic wall turns. Emphasis is placed on water safety, refinement of skills learned in previous levels and endurance.

Level 5-Stroke Refinement

(ages 6 and up, class ratio - 10:1)

Prerequisite: pass level 4. This level is for advanced swimmers who demonstrate the skills learned in all previous levels. Students will refine their performance in all the strokes.

LESSON INFORMATION CONTINUED...

Level 6- Swimming and Skill Proficiency

(ages 6 years and up, class ratio– 10:1)

Prerequisite: pass level 5. For competitive swimmers working to improve skills; emphasis is placed on endurance and skill refinement, along with water safety skills.

ADULT- ages 13+

(little or no swimming experience, class ratio 10:1)

This course is designed for adults with little to no swimming experience. Instructors teach comfort and safety in the water, basic swimming techniques and fundamentals.



Private Lessons– Designed for all ages and all levels of swimming experience. **Class ratio of one participant to one instructor.** There are four classes in a session. 20 minutes per session. These classes are \$90 a session. **ONLY on Tuesday's and Thursday's from 2:00-2:20 or 2:30-2:50.**

FREE RECREATION SWIM

Pool open to the general public for recreational swim.
Monday's and Wednesday's ONLY!
2:00-3:00 PM

FEES

Group Lessons= \$45.00 per session

(\$40 session 1 – no lessons July 4)

Each Session is Monday-Thursday for TWO (2) weeks.
30 minutes per lesson.

Private Lessons= \$90 per session.

Tuesday's and Thursday's Only for TWO (2) weeks.
20 minutes per lesson.

Registration for sessions A&B:

Online: May 9 at 12:00 a.m.

Save time and go online now to set up your account!

In-Person: May 9 at 7:30 a.m.
at 8200 Westminster Blvd.

LESSON SCHEDULE

Group Lesson Schedule

9:00-9:30	Tiny Tots, Level 1, Level 2, Level 3, Level 4
9:35-10:05	Tiny Tots, Level 1, Level 2, Level 3, Level 4
10:10-10:40	Tiny Tots, Level 1, Level 2, Level 3, Level 4
10:45-11:15	Tiny Tots, Level 1, Level 2, Level 3, Level 4
11:20-11:50	Tiny Tots, Level 1, Level 2, Level 3, Level 5, Parent & Me
11:55-12:25	Tiny Tots, Level 1, Level 2, Level 5, Level 6, Adult
3:15-3:45	Tiny Tots, Level 1, Level 2, Level 3, Level 4
3:50-4:20	Tiny Tots, Level 1, Level 2, Level 3, Level 4
4:25-4:55	Tiny Tots, Level 1, Level 2, Level 3, Level 4
5:10-5:40	Tiny Tots, Level 1, Level 2, Level 3, Level 4
5:45-6:15	Tiny Tots, Level 1, Level 2, Level 3, Level 5
6:20-6:50	Tiny Tots, Level 1, Level 2, Level 3, Level 5, Parent & Me
6:55-7:25	Tiny Tots, Level 1, Level 2, Level 5, Level 6, Adult

Private Lesson Schedule

Tuesday's & Thursday's Only!
2:00-2:20 & 2:30-2:50

SESSION SCHEDULE

Session A	June 27- July 7 (no lessons July 4)
Session B	July 11 - July 21
Session C	July 25 - Aug. 4
Session D	Aug. 8 - Aug. 18

See your summer brochure or visit our website for activity numbers!
www.westminster-ca.gov